

## **Care Instructions for Composite Resin Filling**

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- Once you leave the office and numbness has worn off from the anesthetic you may eat as normal. We cure the filling in the office so therefore, it will be as hard as it will get.
- Sensitivity of the teeth often occur after placement of restoration. The sensitivity may last for only a short period of time or may last for a much longer period of time. It can be mild or severe. If the sensitivity is persistent or lasts for much extended periods of time, please contact the office.
- Effort will be made to closely match the natural tooth color. However, since it's a synthetic material is being used to replace natural enamel and dentin, there may not be an exact match. Also, over a period of time, the composite fillings, because of mouth fluids, different foods eaten, smoking etc. may cause the shade to change. The dentist has no control over these factors.
- Due to biting pressure or other traumatic forces, it is possible for composite resin fillings or esthetic restorations bonded with composite resins to be dislodged or fractured. The composite resin can over time have leakage and recurrent decay.
- There's always a risk of fracture in the placement or replacement of any restoration is a possibility of the creation of small fracture line in the tooth structure. Sometimes these fractures may not be apparent at the time of removal of tooth structure and/or the previous fillings and placement or replacement, but may manifest at a later time.